

LIVING NATUE

Endota donates 1 per cent of its skincare sales to Bush Heritage Australia, a non-profit organisation that buys land of high conservation value, then restores it to its natural state to protect Australia's biodiversity.

MV Organic Skincare
Instant Revival, \$82.
A blend of high-quality
oils, this organic skincare
makes the ultimate skin
booster for tired, stressed
or sun-damaged skin.

Om Veda Date Enriched Moisturiser, **\$64.40.** Based on the ancient Indian system of Avurveda, this moisturiser is suitable for normal to oily skin types, and for soothing inflamed or irritated complexions. Ingredients read like a wonderful dessert recipe, and include dates, honey and almond, as well as sandalwood, and other Avurvedic herbs.

Weleda Wild Rose Intensive Eye Cream, \$38.95.

Holistic skincare company Weleda believes that nature's ingredients have a vital energy that is like a tonic to the skin. Its beautiful eye cream is packed with organic and biodynamically grown goodies, such as eyebright, rose hip oil, and orpine, designed to zap wrinkles and puffiness.



Many cosmetics on the market use the terms 'natural' and 'organic' but in fact contain very small quantities of these ingredients. The only way you can sort the real deals from the imposters is by reading the labels.