



### OmVeda Vatakizhi Therapy

OmVeda brings to the Spa specialist the innovative Kizhi method of therapy. Kizhi literally means a small, hand-sized cloth bag formed by wrapping medicines, herbs, herbal leaves, seeds or rice inside. It is then soaked in warmed specific oils and massaged over the entire body or area to treat. Vatakizhi is a specialised selection of herbs chosen for Vata conditions such as dryness, in addition to muscle pain, swelling

and aches. OmVeda Kizhi treatments should be performed on a regular basis for best results and used in conjunction with OmVeda Arthroil, a take home potent massage oil for speedy and effective relief from deep-seated pain. *Contact OmVeda on 1300 662 363, visit [www.omveda.com.au](http://www.omveda.com.au).*

### Phytomer's Hydracontinue Instant Moisture Cream

Phytomer's Hydracontinue Instant Moisture Cream is an intense moisturiser that instantly soothes and hydrates skin. Enriched with Phéohydrane, a 100% natural ingredient, it helps maintain skin's natural hydrating functions. Skin is supple, quenched and lastingly comfortable. Suitable for normal to combination skin.

*Contact Charleigh Pty Ltd on + 61 (0)3 8551 3255.*



### Aveda Returns to its Ayurvedic Roots

Aveda™, whose namesake is derived from the Sanskrit words "A" meaning "all" and "Veda" meaning "knowledge," draws upon its Ayurvedic heritage with the launch of Chakra™ Balancing Body Mists, aromatherapeutic blends, and a professional Chakra™ Balancing Massage. Formulated according to authentic Ayurvedic chakra balancing traditions, Aveda Chakras™ inspire healing, balance and wellbeing while providing guests with an aroma journey for mind and body. The Chakra™ Balancing Massage, enhanced by specially-formulated professional-only Chakra™ Balancing Blends, is a holistic Spa treatment incorporating deep tissue massage, chakra foot reflexology massage, and chakra energy work with a guided meditation to help balance the chakras and reduce stress.

*Contact 1300 300 054, or +61 3 9948 8300.*

### Secrets de Sothys Institute Treatment

Secrets de Sothys Face & Body treatment features a combination of potent anti-stress active ingredients in exquisite textures and incorporates Sothys exclusive Digi-Esthetique® massage method that will leave your client in a blissful state of absolute well-being. To complement the treatment the Secrets retail line: Secrets Cream and Secrets Serum. New Secrets de Sothys Crème boosted with Tex-OE® is an addictive luxury cream designed to fight against the manifestations of time. New Secrets de Sothys Anti-ageing Serum is a divine textured treatment serum helping skin regain a velvety softness and a glowing complexion. *Contact 1800 816 599, visit [www.sothys.com.au](http://www.sothys.com.au).*

