beauty

Turn back the clock

For a natural anti-ageing tonic, include saffron oil in your daily beauty routine. Believed to erase fine lines and restore your skin's natural glow, it's regarded by Eastern cultures as the ultimate anti-ageing weapon. Try OmVeda Facial Saffron Oil \$49.00



When it comes to party eyes, this season less is best. Team glossed lips with subtle eye shadows, for a fresh-faced summer look. *Try Bobbi Brown Nude Eye Palette \$115.00*





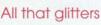


November BEAUTY BUYS



Go for bronze

Pressed for tanning time? Dust your face and body with mineral bronzer for a fool-proof fake bake that won't leave streaks. Try Australis Jumbo Mineral Bronzing Powder \$19.95



Update last year's party frock with bold metallic nails. Perfect your summer palette with glamazon bronze and smoky shades of grey. *Try Zoya Professional Nail Lacquer \$17.00*



Be prepared

Every fake tan fan should know the importance of using a pre-prep scrub. Choose a formulation that neutralises the skin's PH levels, for the most effective self-tan application. Try ModelCo Tan Prep Body Polish \$26.00



As the weather heats up so do the beauty buys! Christmas gift packs are a budget-savvy way to stock up on your favourite products at a fraction of the price. *Try Manicare Glam Lips Gorgeous Glam Gloss Set \$19.95*



Treatment of the month:

LASH EXTENSIONS \$150.00 (lasts 2-3 weeks)

Lygia Barnett discovers the benefits of longer lashes

Say goodbye to your beloved mascara and say hello to long, luscious lashes. To coincide with the Spring Racing Carnival, I stopped by for lash extensions at Melbourne's Love Those Lashes.

In just under an hour, premium quality extensions were individually grafted to each eyelash with a specially formulated glue. Did it hurt? No. Was I impressed? Yes!

As someone who has never been able to flutter her eyelashes, this was great. The look was pretty impressive and totally eliminated the need for mascara.

Lash extensions are a beauty splurge for anyone who wants to look preened 24/7 but doesn't have the time to apply make-up throughout the day (check!). The only downside is that you have to take extra care when washing and drying your face, as they may fall out. A small price to pay for flawless lashes!

www.lovethoselashes.com.au

