

Spa treatment

When in Rome...

Vagheggi's Latin Recipes spa treatment draws on Ancient Roman bathing rituals. In Latin tradition, the body was cleansed with oils and plant extracts to treat cellulite problems and impart wellbeing and serenity. The Latin Recipes treatment uses active marine and plant extracts and involves a body mask and scrub in one, followed by a relaxing massage to assist draining of accumulated fat deposits. The treatment is suitable for men, women and expectant mothers.

Contact: Dolce Vita Beauty Supplies (07) 5564 6720.



POWERFUL POWDER

OmVeda's Udwarthanam powder combines traditional Ayurvedic herbs which help increase circulation and remove impurities. These include stimulating, anti-spasmodic pandanus odoratissimus (kewra), Himalayan cedar, which increases circulation and treats skin disorders including eczema and psoriasis, astringent nut grass, anti-inflammatory and anti-bacterial rubia crodifolia (manjishtha) and anti-bacterial vetiver. Udwarthanam is sprinkled onto the body and firmly massaged in using circular motions to help stimulate circulation and aid elimination of toxins. The powder can be used dry, with a body brush or with a massage oil such as OmVeda Raksha Oil or Karporadhi Oil.

Contact: OmVeda 1300 662 383.

TREATMENT