



with cardamom, coriander and pepper heats things up. Call (02) 9663 4277.

40 wannabe 30

4 Homepeel Flakey Skin Remover, \$39.95

All my friends are frantically sloughing off skin cells. Nobody can afford enough facials to feed this addiction. Enter this salon-style microdermabrasion scrub. Super-fine corundum crystals slough off dead cells. Great for upper arms and ingrowns. Visit www.homepeel.com.au

40 wannabe 40

5 OmVeda Saffron facial oil, \$40

Saffron, queen of beauty treatments, has been used for centuries. This all-ages oil minimises lines, pigmentation and pimples. It's packed with turmeric, lotus and Indian rose chestnut. Call 1300 662 383 or visit www.omveda.com.au

50 wannabe 40

6 La Mer Hydrating Infusion, \$215

Crème de la Mer began when physicist Dr Max Huber tried to treat his chemical burns; it is now a cult favourite. The Hydrating Infusion, with nutrient-dense sea plants, moistens skin to maximise the effects of Crème de la Mer. From David Jones, call 1800 661 392.