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Treat your tresses

If, like me, you are prone to distressing your tresses with all manner of styling products, you need to give your hair a treat. Try doing it the natural way with new Neelini hair oil from OmVeda, which helps repair damaged hair, guards against hair loss and

keeps your mane soft and shiny. Massage it into the hair and scalp, wrap hair in a warm, damp towel, leave for 30 minutes and shampoo out. From salons and spas for \$28. Call 1300 662 363 or visit www.