

Nature's bounty

Soithys' 45 minute Beauty Garden Professional skincare treatment begins with Floral Make-up removal fluid and Floral Water, followed by a Helianthus professional ampoule infusion and massage. Their Comfort Mask then intensifies the treatment. To finish, an application of Face Care cream, sweetened with Rosemary and Lavender. The homecare range includes Cleansing Fluid with cherry buds, Floral Water with Angelica and hawthorn, Face Care with rosemary and helianthus, Comfort Mask with Rosemary and helianthus and Body Milk with cherry buds and lavender. **Contact: Sothys 1800 816 599.**



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Spring cleaning

In time for spring, La Phyto has revamped their Original Express Facials for time-poor clients. Perfect as an add-on treatment, the 30-minute Pick-Me-Up La Phyto Facial treats enlarged pores, blackheads or oily skins with poor oxygenation. It comprises a double cleanse using Grape Seed Cleansing Milk. Then the Wood Element TerTonic Spring Mask with green clay, rosemary, lemon and cypress is applied. Next, a facial massage is performed while the mask is on. This exfoliates and detoxifies. The mask is then rinsed off and the treatment completed with deep moisturisation. **Contact: La Phyto (03) 9819 4141.**

Soothing paraffin

Cosmetically formulated paraffin wax from Natural look is enriched with vitamin E and a blend of nourishing oils leaving skin feeling soft and deeply nourished. The penetrating warmth of paraffin helps open pores, soften skin and reduce the appearance of fine lines. The treatment also has a therapeutic benefit helping increase circulation and easing the stiffness and discomfort associated with arthritis, tired muscles and injuries. Get everything you need to get started in this attractive starter kit. **Contact: Artav Australia 1800 805 276.**



ARMED WITH THE SOLUTION

Sagging under the arms is due to muscular hypotony and loss of skin elasticity, and it generally affects women over 40. Physical exercise, especially swimming and weights, along with very specific cosmetics and aesthetic treatments help address this problem. Intégrée's Tonelast products are the solution for in-salon treatments and home care. **Contact: Integrated Health & Beauty (02) 9660 3829.**

Calming brahmi

In a sesame oil base and rich in natural antioxidants, OmVeda Brahmi Oil features brahmi and gotu kola to revitalise the nerves and help improve stress levels, aswaghandha; an all-round tonic that strengthens and rejuvenates, valerian; traditionally used for its calming benefits and amla for its anti-microbial and antioxidant-rich properties. For professional use: warm the Brahmi Oil and massage approximately 10mls into the client's scalp, wrap hair in warmed towel, leave for up to 30 minutes and shampoo out with OmVeda Amla Shampoo. Available in professional and retail sizes. **Contact: OmVeda 1300 662 383.**

