



Foot cream
 ►► House Of Herbs Organic Peppermint Foot Cream, 120ml, \$22.75, contains 100% pure essential oils. It's a soothing treat after a day in heels or a workout at the gym.

Body wash
 ►► A'kin Aromatherapy Lavender Body Wash, 225ml, \$12.50. This rich, silky soft gel is infused with 100% certified organic lavender, to soothe the mind and spirit, and prepare you for a calm and restful sleep.



Body oil
 ►► Enriched with pure fruit oils, vitamin E and a luxurious blend of rose, geranium and ylang ylang, Linden Leaves "Memories" Aromatherapy Synergy Body Oil, 250ml, \$34.95, nourishes dry skin.



Body scrub
 ►► Daintree Green Tea Purifying Pure Mineral Salt Rub by The Natural Source, 200g, \$29.95, is an invigorating body scrub that detoxifies the skin with green tea extract, vitamins and mineral-packed essential oils.



Body lotion
 ►► The high concentration of oatmeal and rich emollients in Aveeno Daily Moisturising Lotion, 225ml, \$9.95, works to provide 24 hours of moisturising care. Non-greasy and natural.

Face mask
 ►► Ultra-deluxe OmVeda Mango Butter Face Mask, 50ml, \$53.50, is packed with rich organic hydrators and nourishers to detoxify as well as nourish skin.



Vitamins
 ►► Zinc is an essential mineral which has many functions, but is particularly important for clear, healthy skin. Try Blackmores Bio Zinc, \$28.50 for 168 tablets.

Skin

Eye cream
 ►► A quick remedy for tired eyes, Perfect Potion Herbal Renewal Eye Cream, 25ml, \$29.95, is filled with antioxidants and herbs to de-puff delicate skin.



Face wash
 ►► The Body Shop Tea Tree Oil Foaming Face Wash, 150ml, \$21.95, turns from a liquid into a soft, creamy foam to maintain clear skin.

Moisturiser
 ►► Sukin Facial Moisturiser, 125ml, \$9.95 gives your skin an antioxidant boost. It contains jojoba, avocado, wheat germ, rosehip, healing vitamin E, and no parabens.



VITALITY
 ENRICHES YOUR
 SENSES AND
 SOFTENS
 YOUR SKIN

