help yourself. look good.

Natural products we love ...

Omveda Date-Enriched Moisturiser (\$64.40 for 200 ml; 1300 662 383; www.omveda.com.au)
Enriched with dates to nourish skin, honey to prevent moisture loss, and sandalwood for its antiseptic properties, this light-textured cream is best for oilier skin types.



Nature's Creations Hydrating Cream Cleanser with Fruit Extracts (\$29.00 for 120 g; 1800 002 128; www.ncskincare.com)
Contains extracts of passionfruit, blackberry, strawberry and guava, plus vitamins E and C, to leave your skin feeling smooth, moist and supple.



Apivita Aromatherapy Revitalizing Face Mask

(\$36.90 for 100 ml; 03 9882 2845; www.apivita.com)
A refreshing blend of orange, vitamins C and E, green tea and organic Greek honey. Regular use will bring a glow to even the most tired or dull complexion.



Inspa Essential Moisturiser with Papaya and Avocado

(\$40.00 for 250 ml; 02 9529 8922; www.inspa.com.au)

A light and delicate lotion formulated with papaya extract to exfoliate dead skin cells and avocado to nourish and hydrate skin. Perfect for dry skin types.

Al'chemy Mandarin Shampoo

(\$12.95 for 225 ml; 1800 631

bring bounce and manageability

283; www.purist.com)
Pure mandarin and Australian
orange oil are combined in this
gentle botanical formula that will

to all hair types.



Avalon Organics Awapuhi Mango Moisturising Conditioner (\$17.95 for 400 ml; 03 9583 1522; www.kadac.com.au) Fortified with awapuhi (which is derived from Hawaiian wild ginger), mango, vanilla and ylang ylang blossom to deeply condition and add fullness to hair.



Essential Moisturiser

RemedicA Fig Litsea Hand and Nail Créme Hydrant

(\$34,00 for 120 g; 02 9310 1095; www.remedica.com.au)

This light and quickly absorbed cream contains fig, orange, and litsea cubeba to help restore moisture, reduce lines and wrinkles, and maintain nails and cuticles.







Alba Organics Pineapple Quench Clear Lip Gloss

(\$7.95; 03 9583 1522; www.kadac.com.au)

This divinely scented blend of pineapple extract, organic beeswax, vitamin E and shea butter will moisturise lips while protecting them against drying.



Pure Heaven Fresh Berries and Cream Soap Cake Slice (\$5.95; 07 4681 0586;

www.pureheaven.com.au)
Pamper your skin every time you
bathe with this richly moisturising
and deliciously scented bath
time treat. Packed with glycerine
for extra hydration.